

# Million Hearts® Initiative

The Ohio State University College of Nursing has led an intensive university-wide effort to be the first educational partner to assist the U.S. Department of Health and Human Services launch Million Hearts®—a national initiative to prevent one million heart attacks and strokes by 2017 by screening and educating the public on the “ABCSs” of cardiovascular health.

## Methods

In an effort to advance Million Hearts, the National Interprofessional Education and Practice Consortium to Advance Million Hearts (NIECAMH) was founded by the College of Nursing and has developed two free online educational modules to help healthcare professionals, health sciences students, and community members learn about the initiative, conduct community screenings, and refer people to appropriate resources. Following completion of the module, individuals receive certification as a Million Hearts Fellow or Community Ambassador.

## Results

More than 80 organizations and 2,300 individuals have accessed the modules, resulting in over 16,000 people being

### Ohio State Colleges/Units Involved

College of Education and Human Ecology  
College of Medicine  
College of Nursing  
College of Pharmacy  
College of Public Health  
The Ohio State University Alumni Association  
OSU Extension  
OSU Health Plan  
Wexner Medical Center  
Your Plan for Health

### Community Partners Involved

U.S. Department of Health and Human Services  
American Heart Association  
American Stroke Association  
Centers for Disease Control and Prevention

screened. The modules and screenings have been incorporated into health sciences curricula and community activities.

## Conclusions

Academic institutions, communities, and healthcare facilities partnering together as part of NIECAMH provides a unique opportunity to demonstrate the impact a unified approach can have on improving population health through the use of screening, education, and prevention.



Above: College of Nursing students performing Million Hearts community screenings

## Contact

**Sanford Meisel**  
Director of Marketing and Communications  
College of Nursing  
[meisel.16@osu.edu](mailto:meisel.16@osu.edu)  
<http://millionhearts.osu.edu>



THE OHIO STATE  
UNIVERSITY

Below: Community Ambassador training for local area congregations

